



# HEDDINGTON HERALD

Newsletter for the Residents, Families, Volunteers and Staff at Heddington Oaks

FEBRUARY-MARCH 2017



## Memorable Moments of 2016

### HEDDINGTON OAKS

PEORIA COUNTY

*Caring for Seniors with Respect and Compassion*

Last year was filled with many Memorable Moments at Heddington Oaks. Here are some pictures to remind you of the fun we had last year! As we move onto Valentine's Day this month and St. Patrick's Day next month we are sure to make some more memorable moments for 2017.

What were some of your most memorable moments last year? Share those moments with a friend, you'll both enjoy reminiscing about activities throughout the year.

Top left: Cub/Cards viewing party during Heddington Oaks three year celebration.

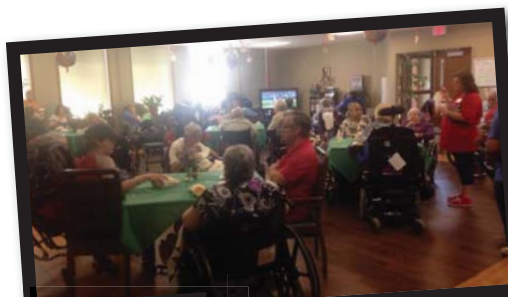
Middle: Residents stuff Easter Eggs for the annual community egg hunt. Staff dressed as minions for Halloween.

Bottom left: The Heddington Oaks Walk to End Alzheimer's team raised \$1397 for the Alzheimer's Association.

Top right: PMSA Senior Citizen Committee hosted a visit from Elvis.

Middle right: Grilling steaks for the Veteran's Day celebration.

Bottom right: Residents and staff veteran's were honored during a Veteran's Day celebration.





## Upcoming Activities at Heddington Oaks

Every month Heddington Oaks Activities staff work hard to plan fun and entertaining activities for residents. Below is a list of featured activities for February. This is not a complete list; March activities will be available next month. For a complete list, please refer to the activities calendar at Heddington Oaks or visit [www.HeddingtonOaks.com/activities](http://www.HeddingtonOaks.com/activities).

### February

- 7 Dancercise Program at 1:30pm
- 9 Vera's Girls Nail Care at 9:00am
- 10 Bunco with Jeanne at 2:00pm
- 13 Men's Barber at 8:00am
- 15 Roll Ball Exercise at 6:30pm
- 18 Social Hour at 1:30pm
- 20 Bingo at 6:30pm
- 22 Ten Thousand Dice at 9:30am
- 23 Trivia Q&A at 9:30am

**Valentine's Day Party**  
**February 14 at 2:00pm**  
**Music by Freight Train Mike**

## Heddington Oaks is hosting a Career Fair

Friday, February 24 from 1:00 - 3:00pm

Saturday, February 25 from 10:00am - Noon

If you know an RN or LPN looking for a career change tell them to check out all Heddington Oaks has to offer. Those interested may also apply online at [www.PeoriaCounty.org/County-Jobs](http://www.PeoriaCounty.org/County-Jobs).

## Interim Administrator Named For Heddington Oaks

On January 1, Peoria County appointed Tim Turpin as Interim Administrator at Heddington Oaks. Tim is a familiar face around Heddington Oaks; as he has been with us since October 2014.



Tim is a graduate of Saint Francis Medical Center College of Nursing with a BSN in nursing. Prior to his career at Heddington Oaks Tim served 16 years in the Army. Among many duties he has served as a medic in the Army and served at the Walter Reed Army Medical Center and Munson Army Health Center.

When asked his favorite part about working in a nursing home he said the residents. Tim enjoys the residents' background, life stories, and hearing what they've experienced. When talking about his new role at Heddington Oaks Tim said he is "looking forward to the success of this facility."

Outside of Heddington Oaks, Tim enjoys spending time with family. He has a son, daughter, and stepdaughter aged 8, 10, and 11 respectively. His family is also expecting a baby due in May! Tim and his family enjoy the outdoors including camping and fishing. Tim is also a "die-hard" Chicago Bears fan and loves the Chicago Cubs.

Peoria County is committed to caring for our seniors with respect and compassion and looking forward to the knowledge and enthusiasm Tim brings to Heddington Oaks.

### WHAT'S HAPPENING TODAY AT HEDDINGTON OAKS?

A calendar of daily social activities is available online at [www.HeddingtonOaks.com/Activities](http://www.HeddingtonOaks.com/Activities)



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# HAPPY BIRTHDAY

## January Birthdays

- 4 Miriam Fuller
- 6 Mary Loeffel
- 11 Maurice Smith
- 11 John Trapp
- 15 Dorothy Evans
- 15 Homer Williamson
- 19 Clara Johnson
- 20 James Koeppel
- 21 Barry Donald
- 21 Rosanne Napoli
- 22 Rita Groeper
- 22 Betty Mordue
- 24 Judith Jackson
- 27 Mary Feinholz
- 27 Charles Howell
- 29 Charlotte Bybee
- 31 Verdia Jackson

## February Birthdays

- 3 Marilyn Hunt
- 7 Kathleen Jewell
- 8 Janice Long
- 10 Barbara Vanormer
- 12 Margaret Hanelt
- 17 Lillie Williams
- 18 Mack Young
- 23 Patricia White
- 26 Pamela McConnell

## March Birthdays

- 1 Carol Swan
- 4 Edna Braten
- 4 Lula Davis
- 6 Geneva Meck
- 6 Muriel Phenix
- 13 Martha Wenz
- 25 Nancy Bagley
- 25 Olive Rebbec
- 25 Rose Short
- 27 Anita Heuermann
- 28 Lucille Hagan
- 29 Edna Sylvester
- 30 Jessie Page
- 31 Isabelle Couri

We host a resident birthday party on the third Thursday of every month at 2:00 p.m. to celebrate birthdays!

## RESIDENT SPOTLIGHT

# Don Van Scoyoc

Every resident has a special story and unique life road that brings them to Heddington Oaks. Meet *Don Van Scoyoc...*

Don came to Heddington Oaks in June 2016. When you see Don you'll most likely see his wife Wanita by his side. She visits him daily at Heddington Oaks.

When the pair talk about Heddington Oaks they say what they've enjoyed the most is the many activities offered. They attend many of the programs and activities throughout the week. Freight Train Mike is a favorite and they regularly attend Open Bible Ministry. Don enjoys the songs and hymns during these activities. He also likes the monthly birthday party and the Veterans Day celebration last November to honor all veterans at Heddington Oaks.

Don served four years in the Navy. He also had a brother in the Navy who



was appointed to Annapolis and was a commander when he retired. Don spent his career as a firefighter with the Peoria Fire Department. When he wasn't working he enjoyed golfing. He took yearly golf trips during the winter to Biloxi, Mississippi with friends.

Don and Wanita have been married 40 years but have known each other since junior high. They both enjoyed golfing and dancing together through the years. Don and Wanita have grandkids, one of who was just accepted into a physician assistant program.

## Holiday Season at Heddington Oaks



Throughout the holiday season Heddington Oaks hosts parties for all residents and welcomes many volunteer groups to our home. We thank each volunteer who donated their time and talents to make the 2016 holiday season special for our residents. To the right is a picture from the holiday party on the D2-Wing. The Activities Department made sherbet floats and served cookies to all residents. Each resident received a gift that was hand delivered by Santa! The Dunlap Dynamite 4H Club ended the event caroling throughout the building.

# Fun Facts

## Valentine's Day

Tuesday, February 14

According to the Greeting Card Association, an estimated 1 billion Valentine's Day cards are sent each year, making Valentine's Day the second largest card-sending holiday of the year. (An estimated 2.6 billion cards are sent for Christmas.)

Women purchase approximately 85% of all valentines.

Over 50% of all Valentine's Day cards are purchased in the six days prior to the observance.

The oldest known valentine still in existence today was a poem written in 1415 by Charles, Duke of Orleans to his wife.

## St. Patrick's Day

Friday, March 17

Today approximately 1 million people annually take part in Ireland's St. Patrick's Festival in Dublin, a multi-day celebration featuring parades, concerts, outdoor theater productions, and fireworks shows.

The Chicago River was first dyed green in 1962. The City of Chicago released 100 pounds of green vegetable dye into the river - enough to keep it green for a week! Today only 40 pounds of dye are used and the river only turns green for a few hours.

Source: [www.history.com](http://www.history.com)



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## STAFF SPOTLIGHT

### Marina Groenewegen

Social Service Director



Heddington Oaks is proud to employ caring individuals who are also skilled professionals to make our home the best it can be for our residents. **Marina Groenewegen** joined our team this past November as our Social Service Director.

Marina is a graduate from Bradley University with a degree in Social Work. While at Bradley University she did an internship at Heddington Oaks under a previous Social Service Director. After graduation she moved south and worked in a facility in Mattoon.

She says she likes working with the residents at Heddington

Oaks. She has worked with children in the past and working with the elderly is something new. At Heddington Oaks she works with residents and has become more involved in the admissions process. The department has two social service assistants, whom she give a lot of credit to for the work they do within the department.

Marina is originally from Vancouver, British Columbia. She made her way to Illinois to play softball at Bradley University. She also has two sisters who are now playing college softball in the United States. She is also a Chicago Cubs fan! Outside of work she enjoys crafts and outdoor activities.

Receive the Heddington Herald newsletter by e-mail by subscribing here: <https://app.mailerlite.com/webforms/landing/a9w8v3>



[www.FB.com/HeddingtonOaks](http://www.FB.com/HeddingtonOaks)



## In Loving Memory



*Our October, November and December Angels*

Donna Allen  
Ruth Astle  
Howard Bacon  
Norma Bland  
Betty Bohanan

Shirley Buhs  
Gary Fales  
Opal Feagin  
Marian Lohr  
Edah Martin

Anna Menken  
Sophie Nellas  
Frances Robinson



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